

# DBSA & PlatformQ Health to Lead New Digital Educational Initiative to Address the Mental Health Crisis

Live and on-demand video education

Multiple perspectives on each panel – including affected families

Interactive features including polling, pre-live Qboard and live Q&A with panelists

Connect from any device

Downloadable slides and other resources

Integrated measurement tools track efficacy of education

Over 21 million people in the U.S. live with mood disorders, and these conditions are associated with significant costs. It is estimated that \$23 billion are lost in workdays and other workplace losses each year – and far more seriously, suicide is the second leading cause of death among individuals between the ages of 10 and 34, and the fourth leading cause of death among individuals between the ages of 35 and 54. More education is needed to begin turning these tides.

## Moving the Needle with Education That Works

### Treatment Education

Help HCPs and/or affected families understand the differences between medical treatment options for mental health conditions in a single program or series.

### Wellness for Workforces

Address mental health issues among employees by supporting them to live better and make informed choices about their coverage and care options.

### Systemic Quality Improvements

Improve clinical performance in a variety of care settings by leveraging integrated outcomes evaluation tools.

To learn more about this collaboration, contact us!

**The Depression and Bipolar Support Alliance (DBSA)** is the leading peer-focused mental health organization whose mission is “to improve the lives of people living with mood disorders.” DBSA national supports more than 500 support groups and over 200 local affiliate chapters. DBSA reaches over four million individuals with support, educational resources, and tools to help individuals living with mood disorders lead productive and fulfilling lives. Additionally, through our advocacy efforts we amplify peers’ voices and work towards systemic change in the delivery of mental health care.

**DBSA Peer Support Services:**

- In-Person Support Groups
- Online Support Groups
- Parent and Caregiver Online Support Community
- Young Adult Council
- Senior Strength Program

**PlatformQ Health** is the leading provider of interactive digital medical education for clinicians, patients and caregivers. To improve patient care, PlatformQ Health creates video-first educational modules with premier partners, so learners can better understand conditions, available treatment options, and the latest research. The company’s proprietary platform allows participants to engage in real-time discussion with scientific, research and patient care experts – and the integrated learning solution enables advocates, administrators, health systems and plans, foundations, societies, member organizations and associations to measure the impact of their education.



Empowering People  
to Live Well  
with online education  
about mental health